



**PACIFIC LIFE CHIROPRACTIC PATIENT REGISTRATION FORM**

Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Male \_\_\_ Female \_\_\_

SS# \_\_\_\_\_ E-mail Address \_\_\_\_\_

Employer's Name/Address \_\_\_\_\_ Occupation \_\_\_\_\_

Marital Status \_\_\_\_\_ Spouse's Name \_\_\_\_\_ Occupation \_\_\_\_\_

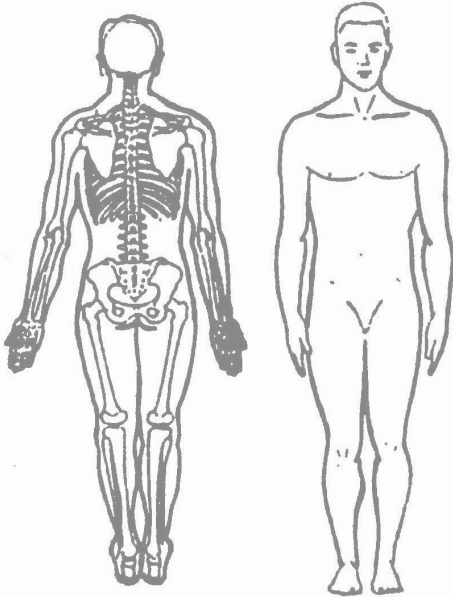
No. of Children \_\_\_\_\_ Name's/Ages \_\_\_\_\_

Reason for consulting our office? \_\_\_\_\_

Who may we "Thank" for referring you to our office? \_\_\_\_\_

PLEASE ILLUSTRATE AFFECTED AREAS

**COMPLETE THESE DIAGRAMS**



Please place an "X" on the drawing to the left on areas causing you pain and a letter describing it.

A=ache B=burning S=Sore ST=stabbing N=numbness P=pins/needles

**MAJOR COMPLAINTS**

(Please list any conditions you are feeling or being treated for)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever been in an Auto Accident? Past Year \_\_\_ Past 5 Years \_\_\_ Over 5 years \_\_\_ Never \_\_\_

Attorney Name (if applicable) \_\_\_\_\_

Is your condition due to an accident?  Yes  No Date \_\_\_\_\_

Type of Accident?  Auto  Work  Home Other \_\_\_\_\_

To whom have you made a report of your accident?

Auto Insurance  Employer  Worker Comp.  Other

On a scale of POOR, GOOD OR EXCELLENT describe your:

Diet \_\_\_\_\_ Exercise \_\_\_\_\_ Sleep \_\_\_\_\_ General Health \_\_\_\_\_

# of hours of Sleep \_\_\_\_\_

On a scale from 1-10 describe your stress level:(1=none/10=Extreme)

Personal \_\_\_\_\_ Occupational \_\_\_\_\_

# Addressing The Issues That Brought You to Pacific Life Chiropractic

Please briefly describe the chief area of complaint, including the affect it has had on your life. \_\_\_\_\_

When did it start? \_\_\_\_\_

If you are experiencing pain is it...

Sharp                       Dull                       Comes & Goes                       Travels                       Constant

Since the problem started, it is...       About the Same       Getting Better       Getting Worse

What makes it worse: \_\_\_\_\_

What makes it better? \_\_\_\_\_

Yes, it interferes with...       Work                       Sleep                       Walking                       Sitting                       Hobbies                       Leisure

Have you ever seen a Chiropractor in the past? \_\_\_\_\_

If yes, when was your last adjustment? \_\_\_\_\_

Doctors seen for this problem (please list names and specialties):

Chiropractor(s): \_\_\_\_\_

Medical Doctor(s): \_\_\_\_\_

Other: \_\_\_\_\_

List any Health Conditions you have: \_\_\_\_\_

List any medications you are taking: \_\_\_\_\_

List Surgical Operations and dates: \_\_\_\_\_

Any History of Stroke, Heart attack, breast augmentation, plastic surgery, etc.

Have you ever:	YES	NO	DATE and DESCRIBE BRIEFLY
Been knocked unconscious?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Used a cane, crutch, or other?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Been treated for spine or nerve disorder	<input type="checkbox"/>	<input type="checkbox"/>	_____
Fractured a bone?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Been Hospitalized other than Surgery?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Had any other injuries or trauma?	<input type="checkbox"/>	<input type="checkbox"/>	_____

## For Women:

<b>Are you pregnant?</b>	<b>Yes</b>	<b>No</b>
<b>Are you breastfeeding?</b>	<b>Yes</b>	<b>No</b>

Name \_\_\_\_\_ Date \_\_\_\_\_

# PACIFIC LIFE CHIROPRACTIC HEALTH PROFILE (continued)

AGE 5 - PRESENT

	YES	NO	COMMENTS
<b><u>1. PHYSICAL</u></b>			
Do/did you have any injuries/accidents?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Have you fallen/jumped from a height over 3 feet (ie. Crib, bunk bed, tree)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Do/did you have any illnesses?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Do/did you play sports?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Have you had any major surgeries or medical procedures?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Have you had any exercise problems or injuries?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Do you exercise? Regularly, Rarely or Never?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Do you belong to a health or fitness club?	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b><u>2. CHEMICAL</u></b>			
Do/did you smoke? Or any tobacco products?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Are/were you exposed to second-hand smoke?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Do/did you drink alcohol? How much per week? (circle)	<input type="checkbox"/>	<input type="checkbox"/>	<u>regularly</u> <u>irregularly</u> <u>rarely</u> <u>never</u>
Do/did you use recreational drugs? (circle)	<input type="checkbox"/>	<input type="checkbox"/>	<u>regularly</u> <u>irregularly</u> <u>rarely</u> <u>never</u>
Do/did you use over-the-counter drugs?	<input type="checkbox"/>	<input type="checkbox"/>	<u>regularly</u> <u>irregularly</u> <u>rarely</u> <u>never</u>
Do you consume vitamin or herbal supplements?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Do you drink bottled water?	<input type="checkbox"/>	<input type="checkbox"/>	_____
<b><u>3. EMOTIONAL</u></b>			
Do you have occupational (job) stress?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Do you have home or family stress?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Do/did you experience any other kind of emotional stress?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Do you have a preferred sleeping posture? (circle)	<input type="checkbox"/>	<input type="checkbox"/>	<u>L side</u> <u>R side</u> <u>stomach</u> <u>back</u> <u>restless</u>
Have you ever or do you now have sleeping difficulty?	<input type="checkbox"/>	<input type="checkbox"/>	_____

## FAMILY HEALTH PROFILE

At our office we are not only interested in your health and well-being, but also the health and well-being of your family and loved ones. Please mention below any health conditions or concerns you may have about your:

Spouse \_\_\_\_\_  
 Children \_\_\_\_\_  
 Mother \_\_\_\_\_  
 Father \_\_\_\_\_  
 Sisters(s) \_\_\_\_\_  
 Brother(s) \_\_\_\_\_  
 Other Relative(s) \_\_\_\_\_  
 Friend(s) \_\_\_\_\_

## AUTHORIZATION

The statements made on this form are accurate to the best of my recollection and I agree to allow this office to examine me for further evaluation and treatment. I also understand it is my responsibility to inform my doctor if I, or my minor child ever have a change in health.

The purpose for spinal adjustments is the reduction of vertebral subluxation and joint malposition. The Doctor will not be held responsible for any pre-existing medically diagnosed conditions, nor for any medical diagnosis.

\_\_\_\_\_  
Signature

Name \_\_\_\_\_ Date \_\_\_\_\_